©2018 P. Kay Nottingham Chaplin, Ed.D.

For personal viewing only to review and refresh knowledge.

Not to be used as a stand-alone training or certification tool.

Vision Screening:

3 – 5 Years for Head Start

P. Kay Nottingham Chaplin, Ed.D.

kay@good-lite.com

304-906-2204

Introduction and Disclaimer



- · Nearly 17 years in vision screening field
- Former Director/Lead Trainer Vision Initiative for Children West Virginia University Eye Institute
- Member –Advisory Committee to the National Center for Children's Vision and Eye Health at Prevent Blindness
- Consultant Vision Screening Committee, American Association for Pediatric Ophthalmology and Strabismus
- Current Education and Outreach Coordinator for the National Center for Children's Vision and Eye Health at Prevent Blindness
- Current Director Vision and Eye Health Initiatives at Good-Lite and School Health Corporation
- Not in sales . . . Focus is encourage age-appropriate, evidence-based, and best practice vision screening as part of a strong, 12-component, Vision Health System of Care



5th grade – Cs & Ds. Consistently unruly in class. After VS & glasses, behaviors calmed almost immediately. 3 mo later – Bs & working on As. "You saved my nephew."

317 2nd & 3rd graders – 12 high-poverty schools – Baltimore City – Children *with* uncorrected hyperopia did not perform as well on reading assessments compared with children *without* hyperopia 2015 study – low-income, ages 3 through 5 yrs – found: Improvement in academic progress, confidence & behavior - increase in focus during lessons & classroom participation & interaction

2015 study – ages 4 and 5 yrs with hyperopia (farsightedness ≥4.0 D) scored *significantly* worse on early literacy test than children with normal vision

Diopter defined

- "Diopter" refers to the strength of a prescription lens required to give a child the clearest vision possible. The higher the number, the stronger the prescription lens.
- A child requiring 4 diopters of correction in prescription glasses, or contact lenses, would likely struggle with blurred vision, crossed eyes, or both, and would see much better with prescription glasses.

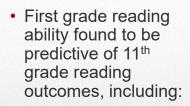


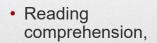
VIP-HIP Study Group, Kulp, M. T., Ciner, E., Maguire, M., Moore, B., Pentimonti, J., Pistilli, M., Cyert, L., Candy, R., Quinn, G., & Ying, G. (2016). Uncorrected hyperopia and preschool early literacy: Results of the Vision In Preschoolers – Hyperopia In Preschoolers (VIP-HIP) Study. *Ophthalmology*, 123(4), 681-689.

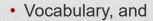
Collins, M. E., Mudie, L. I., Inns, A. J., & Repka, M. X. (2017). Overview of reading development and assessments for the pediatric ophthalmologist. Advance online publication. *Journal of AAPOS*. doi:10.1016/j.jaapos.2017.06.017

Peterseim, M. M., Papa, C. E., Parades, C., Davidson, J., Sturges, A., Oslin, C., Merritt, I., & Morrison, M. (2015). Combining automated vision screening with on-site examinations in 23 schools: ReFocus on Children Program 2012 to 2013. *Journal of Pediatric Ophthalmology & Strabismus, 52*(1), 20-24.

True story from Charles Short – Indiana Lions District 25C – West Lafayette, IN







 General knowledge.



Cunningham, A. E., & Stanovich, K. E. (1997). Early reading acquisition and its relation to reading experience and ability 10 years later. *Developmental Psychology*, 33(6), 934-945.

Evidence-Based Vision Screening Tools & Procedures for Children Ages 3 Through 5 Years

- Optotype-Based Screening
- Instrument-Based Screening



Cast of Characters

NCCVEH:

 National Center for Children's Vision and Eye Health at Prevent Blindness

AAP:

- American Academy of Pediatrics
- American Association for Pediatric Ophthalmology and Strabismus
- American Academy of Ophthalmology
- American Association of Certified Orthoptists

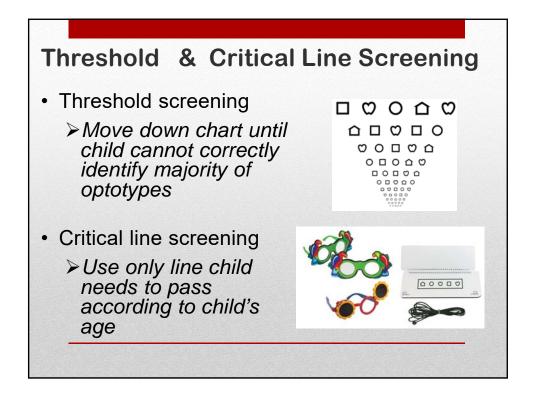
2 Approaches to Vision Screening

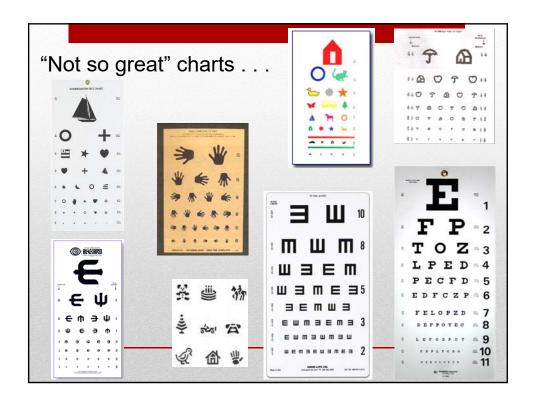
- Optotype-based screening
- Tests of visual acuity using optotypes to measure visual acuity as interpreted by the brain
 - Quantifiable measurement of the sharpness or clearness of vision when identifying black optotypes on a white background using specific optotype sizes at a standardized distance

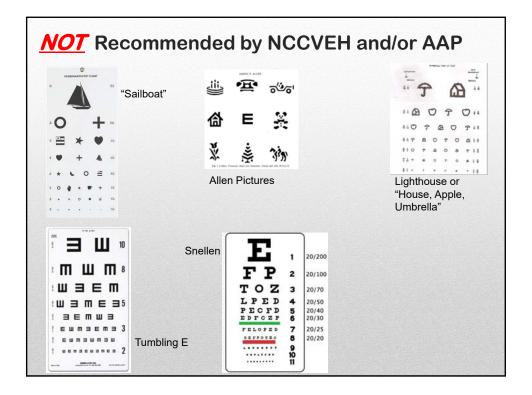
2. Instrument-based screening

- Instruments do not measure visual acuity
- Instruments analyze digital images of the eyes to provide information about amblyopia risk factors:
 - Estimates of significant refractive error (hyperopia, myopia, astigmatism)
 - Estimates of anisometropia
 - Estimates of eye misalignment (some, not all)









Why **NOT** Recommended?

- The use of validated and standardized optotypes and acuity charts is important for an accurate assessment of vision.
- · Charts not standardized.
- Children may not know their letters.
- Requires discrimination of direction, which is not sufficiently developed in preschool-aged children.
- Not well validated in screening environment.

Cotter, S. A., Cyert, L. A., Miller, J. M., & Quinn, G. E. for the National Expert Panel to the National Center for Children's Vision and Eye Health. (2015). Vision screening for children 36 to <72 months: Recommended practices. *Optometry and Vision Science*, *92*(1), 6-16. Retrieved from http://www.ncbi.nlm.nih.gov/pmc/articles/PMC4274336/pdf/opx-92-06.pdf

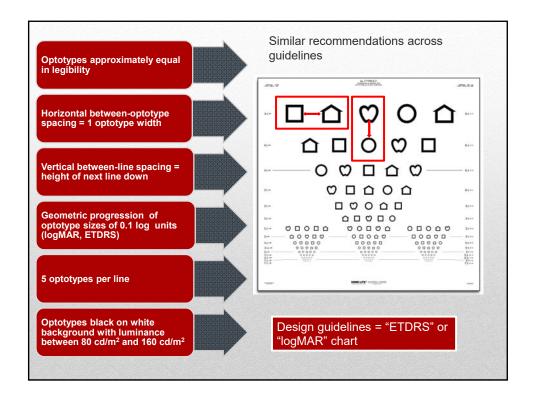
Donahue, S. P., Baker, C. N., AAP Committee on Practice and Ambulatory Medicine, AAP Section on Ophthalmology, American Association of Certified Orthoptists, American Association for Pediatric Ophthalmology and Strabismus, American Academy of Ophthalmology (2016). Procedures for the evaluation of the visual system by pediatricians. *Pediatrics*, 137(1), e20153597. Retrieved from http://pediatrics.aappublications.org/content/pediatrics/early/2015/12/07/peds.2015-3597.full.pdf

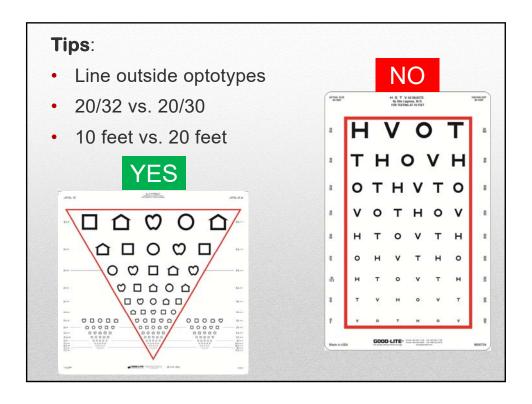
Importance of Appropriate Tools

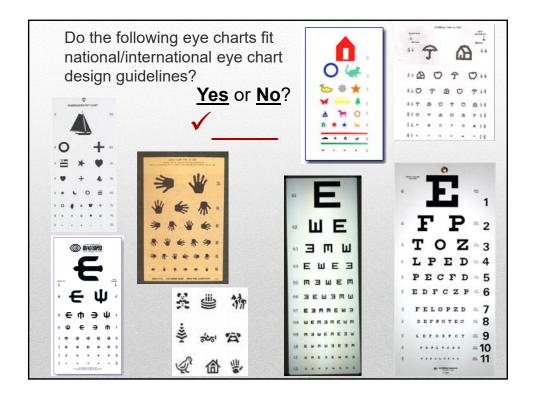
- "Visual acuity scores can be significantly affected by the chart design." (p. 1248)
 - Bailey, I.L. (2012). Perspective: Visual acuity Keeping it clear. *Optometry and Vision Science*, 89(9), 1247-1248.
- Excluding optotype size, "each visual acuity level on a test chart should present an essentially equivalent task". (p. 740)
 - Bailey, I. L., & Lovie, J. E. (1976). New design principles for visual acuity letter charts. American Journal of Optometry & Physiological Optics, 53(11), 740-745.

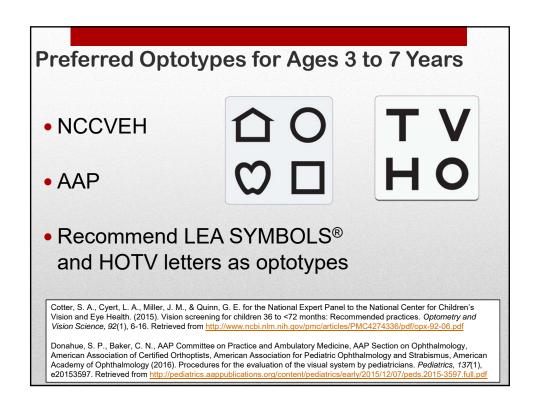
National and international distance visual acuity eye chart design recommendations

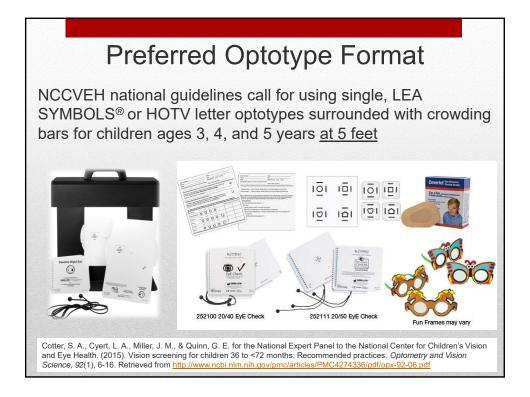
- 1980 National Academy of Sciences-National Research Council (NAS-NRC)
 - Committee on Vision. (1980). Recommended standard procedures for the clinical measurement and specification of visual acuity. Report of working group 39. Assembly of Behavioral and Social Sciences, National Research Council, National Academy of Sciences, Washington, DC. Advances in Ophthalmology, 41:103–148.
- 1984 International Council of Ophthalmology (ICO)
 - www.icoph.org/dynamic/attachments/resources/icovisualacuity1984.pdf
- 2003 World Health Organization Prevention of Blindness & Deafness (wно)
 - Prevention of blindness and deafness. Consultation on development of standards for characterization of vision loss and visual functioning. Geneva: WHO;2003 (WHO/PBL/03.91).
- 2010 American National Standards Institute, Inc.
 - ANSI Z80.21-1992 (R2004) Approved May 27, 2010

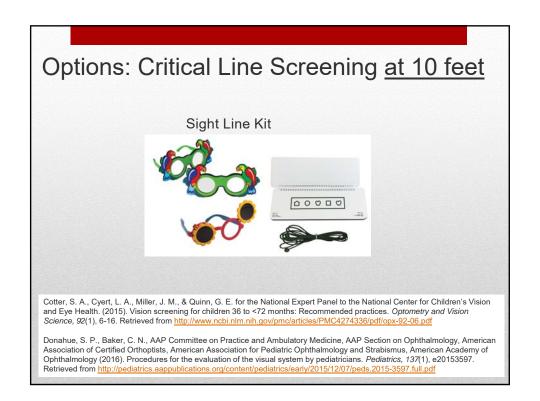




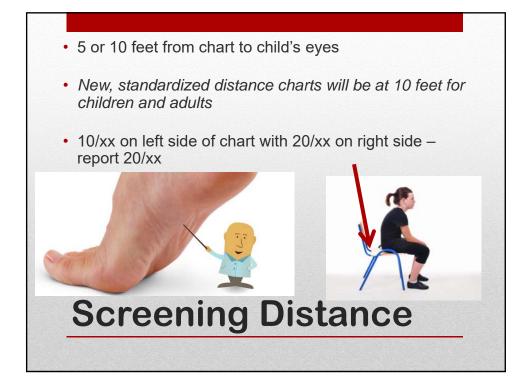


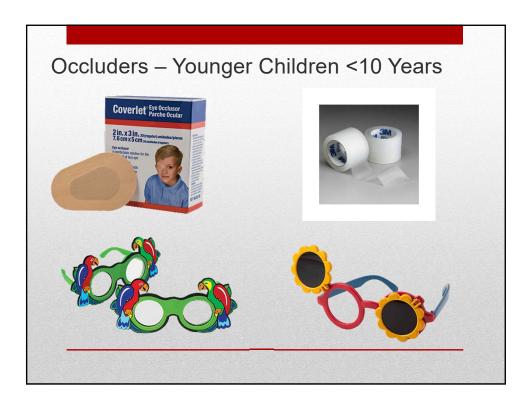


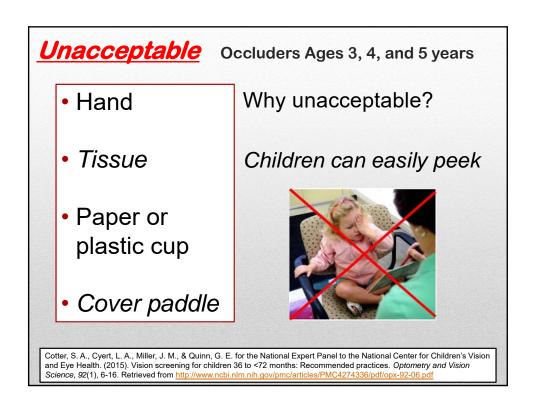


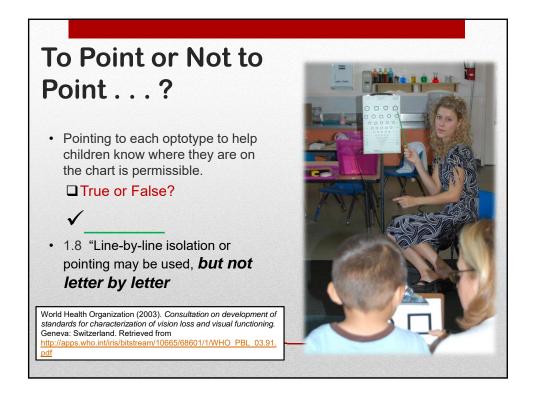


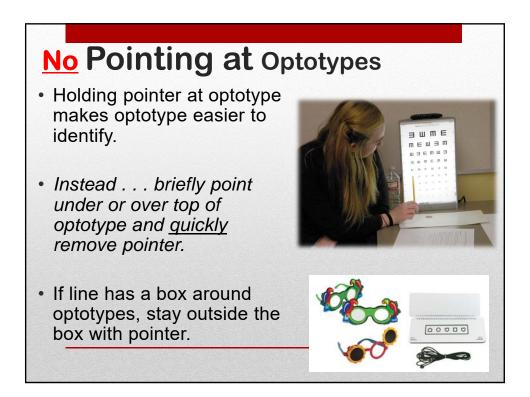












- "Untestable" is not a failed vision screening.
- Keep track of "untestable" children.
- Untestable children in VIP study were 2x as likely to have vision problems than those who passed vision screening.
- ➤ If possible, rescreen untestable children same day.
- ➤ If you have reason to believe that the child may perform better on another day, consider rescreening the child no later than 6 months.

Vision in Preschoolers Study Group. (2007). Children unable to perform screening tests in Vision in Preschoolers Study: Proportion with ocular conditions and impact on measure of test accuracy. *Investigative Ophthalmology & Visual Science*, 48(1), 83-87.

American Academy of Ophthalmology Pediatric Ophthalmology/Strabismus Panel. (2012). Preferred Practice Pattern® Guidelines. Amblyopia. San Francisco, CA: American Academy of Ophthalmology. Retrieved from https://www.aao.org/preferred-practice-pattern/amblyopia-ppp--september-2012

Cotter, S. A., Cyert, L. A., Miller, J. M., & Quinn, G. E. for the National Expert Panel to the National Center for Children's Vision and Eye Health. (2015). Vision screening for children 36 to <72 months: Recommended practices. *Optometry and Vision Science*, 92(1), 6-16. Retrieved from http://www.ncbi.nlm.nih.gov/pmc/articles/PMC4274336/pdf/opx-92-06.pdf

Referral Criteria

NCCVEH

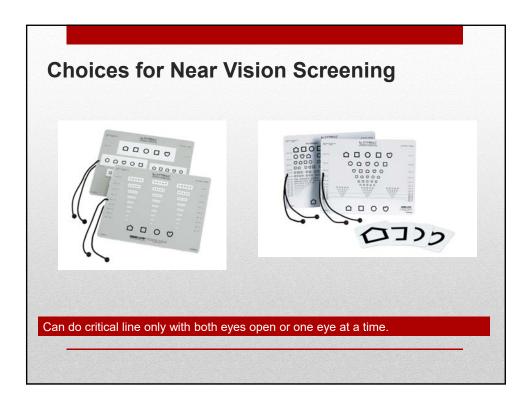
- Age <u>3 years</u>:
 - Majority of optotypes on 20/50 line
- Ages 4 and 5 years:
 - Majority of optotypes on 20/40 line
- Ages 6 years and older:
 - Majority of optotypes on 20/32 line

AAP

- Age 3 years:
 - Majority of optotypes on 20/50 line
- Ages <u>4 years</u>:
 - Majority of optotypes on <u>20/40 line</u>
- · Ages 5 years and older:
 - Majority of optotypes on <u>20/32</u> (or 20/30) line
 - Or 2-line difference even in passing lines (i.e., 20/20 and 20/32)

Cotter, S. A., Cyert, L. A., Miller, J. M., & Quinn, G. E. for the National Expert Panel to the National Center for Children's Vision and Eye Health. (2015). Vision screening for children 36 to <72 months: Recommended practices. *Optometry and Vision Science*, 92(1), 6-16. Retrieved from http://www.ncbi.nlm.nih.gov/pmc/articles/PMC4274336/pdf/opx-92-06.pdf

Donahue, S. P., Baker, C. N., AAP Committee on Practice and Ambulatory Medicine, AAP Section on Ophthalmology, American Association of Certified Orthoptists, American Association for Pediatric Ophthalmology and Strabismus, American Academy of Ophthalmology (2016). Procedures for the evaluation of the visual system by pediatricians. *Pediatrics*, 137(1), e20153597. Retrieved from http://pediatrics.aappublications.org/content/pediatrics/early/2015/12/07/peds.2015-3597.full.pdf



2 Approaches to Vision Screening

- Optotype-based screening
- Tests of visual acuity using optotypes to measure visual acuity as interpreted by the brain
 - Quantifiable measurement of the sharpness or clearness of vision when identifying black optotypes on a white background using specific optotype sizes at a prescribed and standardized distance

2. <u>Instrument-based screening</u>

- Instruments do not measure visual acuity
- Instruments analyze digital images of the eyes to provide information about amblyopia risk factors:
 - Estimates of significant refractive error (hyperopia, myopia, astigmatism)
 - · Estimates of anisometropia
 - · Estimates of eye misalignment





Instrument-Based Screening

- Use beginning at 12 months; better success at 18 months (AAP)
- Use instruments OR tests of visual acuity for children ages 3, 4, and 5 years (NCCVEH and AAP)
- Instruments at any age for 6 years and older if child or young adult cannot do test of visual acuity (AAP)







Donahue, S. P., Baker, C. N., AAP Committee on Practice and Ambulatory Medicine, AAP Section on Ophthalmology, American Association of Certified Orthoptists, American Association for Pediatric Ophthalmology and Strabismus, American Academy of Ophthalmology (2016). Procedures for the evaluation of the visual system by pediatricians. Pediatrics, 137(1), e20153597. Retrieved from http://pediatrics.aappublications.org/content/pediatrics/early/2015/12/07/peds.2015-3597.full.pdf

Cotter, S. A., Cyert, L. A., Miller, J. M., & Quinn, G. E. for the National Expert Panel to the National Center for Children's Vision and Eye Health. (2015). Vision screening for children 36 to <72 months: Recommended practices. Optometry and Vision Science, 92(1), 6-16. Retrieved from http://www.ncbi.nlm.nih.gov/pm/articles/PMC4274336/bdf/cps-92-06.pdf

Instrument-Based Screening

- If use instruments, no need to also do visual acuity screening unless you want to check both VA and refractive error.
- If cannot "capture" a pass or refer result... refer child for comprehensive eye exam.



- Do not attempt to convert estimated refractive error to visual acuity value.
- Child could fail vision screening with instrument, but pass with conversion and miss opportunity for eye exam.

Conversion Chart: Refractive State to "estimated" Visual Acuity[1][2]

Myopia Nearsighted		Hyperopia Farsighted			
Ages: All	Estimated Visual Acuity	Ages: 5y to 15y	Ages: 25y to 35y	Ages: 45y to 55y	Estimated Visual Acuity
-0.5	20/30-40	+2.00	+1.25	+1.00	20/20
-0.75	20/50	+3.00	+1.75	+1.25	20/25
-1	20/60	+3.25	+2.50	+1.50	20/30
-1.25	20/70	+3.75	+3.00	+1.75	20/40
-1.5	20/100	+4.25	+3.50	+2.00	20/50
-2.5	20/200	+4.75	+4.00	+2.50	20/70

[1] Spherical results are based upon minus (-) cylinder convention,

Donahue, S. P., Cotter, S. A., & Moore, B. (in press). Position statement on the relationship between visual acuity and refractive error in the context of preschool vision screening using instrument-based technology.

Not Recommended for conversion of screening results for children screened for amblyopic risk factors



- You may see nothing in your child's behaviors that suggests your child has a vision problem.
- Most vision problems are not like a scratch that requires a bandage.
- Screening is the only way to know if the eyes are healthy and vision is developing properly.



Parents Want to Know . . .

- What's involved in the vision screening process?
 - How long does it take?
 - · Does it hurt?
 - What happens next?
- How to receive support from other parents who have gone through this (eye exam).
- Information from Parent Focus Group at 2013 National Head Start Association Parent Conference



How Parents Say They Want to be Engaged in Follow-up to Eye Care

Parents and caregivers will likely need both practical/logistical and social/emotional support for themselves and their children

- Financial
- Transportation
- Helping parents manage follow-up appointments
- Dealing with insurance companies
- Acceptance of problem
- Dealing with cultural understanding and assumptions
- Trusting doctors



